

HEAT *and eat* MENU

Your Choice of

Traditional beef stew
with homemade wheaten

Sweet and sour chicken
served with fluffy white rice

Chilli con carne
served with fluffy white rice

Beef lasagne
served with garlic bread

**Beef & green peppers
in black bean sauce**
served with fluffy white rice

Italian Beef
served with baby boiled potatoes

Chicken Breast Curry
served with white rice

Chicken A La King
served with baby boiled potatoes



Heat and Eat Explained

Each container serves 6 people
and will be delivered to your groups fridge

Heat oven to 180° and reheat for approximately 20-30 minutes

Every oven varies so check food is piping hot before serving

Some bookings may be subject to VAT. 5 days notice must be given.
Please get in touch with any questions