

HEAT
and eat
MENU

Your Choice of

Traditional beef stew
with homemade wheaten

Sweet and sour chicken
served with fluffy white rice

Chilli con carne
served with fluffy white rice

Beef lasagne
served with garlic bread

**Beef & green peppers
in black bean sauce**
served with fluffy white rice

Italian Beef
served with baby boiled potatoes

Chicken Breast Curry
served with white rice

Chicken A La King
served with baby boiled potatoes



Heat and Eat Explained

Each dish delivered in foil containers to your groups fridge
Heat oven to 180° and reheat for approximately 20-30 minutes
Every oven varies so check food is piping hot before serving

Order three days before your Lorne stay and we can arrange for our *Heat and Eat* meals to be delivered to your group.